

Personal Clothing and Gear List

Clothing can make or break a winter adventure. Keeping dry is the most important factor in keeping warm. To keep dry you must keep external moisture, (slush, snow, or even rain), out, and also let internal moisture created by sweating and breathing out of the clothing you are wearing nearest to your skin. Keep moisture away from your skin!!

FEET

I prefer boots with polyester felt liners; wool is warm but can take a long time to dry. Mukluks are great unless you are standing in slush; waterproof covers for Mukluks are available. Packs, or any other overboot lined with felt are warm; they are just a little heavy. A good insulated insole is important. Any winter liner sock (never cotton), is a good first layer. Over the liner a wool, smartwool, or polyester winter sock will work. Bring an extra pair of each.

HEAD

Any comfortable stocking hat is good; make sure it will cover your ears when you want them covered. You can lose a lot of heat through your neck, so a scarf, neck gaiter, or balaclava would all be useful. The neck warmer is also nice when in your sleeping bag.

HANDS

Your hands are important tools when camping in the snow. It is important to keep them dry and warm and available for work around the camp and out on the trail. The best way to do this is to have a lightweight liner glove under a loose fitting insulated mitten or a shell over a fleece or wool mitten. Bring an extra pair of mittens.

BODY

Layers, layers, layers!!! You do not need lots of clothes when pulling your sled or just traveling. It is important to have lightweight long underwear on against your skin (tops and bottoms). Marino wool and silk are great but a bit expensive, synthetic polyester is a good, less expensive alternative. The second layer should be warm and breathable, wool pants are great but they are snow magnets, fleece is good also, not cotton, no bluejeans allowed. Your outer layer should be a windproof shell, top and bottom, it should breath and resist moisture. The final jacket is your warm, cozy one. It could be a puffy down jacket or a synthetic, insulated with primaloft or any other insulated material; an insulated snowmobile suit would work also. This jacket is important to put on after our sled hauling, when we have decided that we will sweat no more.

OTHER PERSONAL GEAR

Bring a knife for camp chores, a headlamp or flashlight, and a fanny pack or small backpack for day trips. Also allow room for a small lightweight foldable camp chair for sitting in the heated tent.

I PROVIDE

Sleeping bags, sleeping pads, tents, wood heat, food, snowshoes, eating utensils, water bottles, first aid, sleds, and guiding services.
